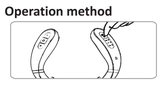
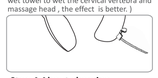
Operation method



Step 1 Power on
Long press the "⏻/🔒" key for 2s on the right side to power on.

Step 2: Wear it correctly
Wear the neck massager on the neck, and ensure full contact with the skin (Note: use wet towel to wet the cervical vertebra and massage head , the effect is better.)

Step 3 Standard operation
Short press the "⏻/🔒" key on the right side to switch the three gear heating mode; press the "▭" key in the middle of the left side to switch the pulse mode; press the "+" key on the top of the left side to strengthen the massage. Press the "-" key at the bottom of the left side to reduce the massage force, with a total of 15 gears.



Step 4 About charging
When the battery power is low, the USB power supply can be used for charging. When charging, the green light "🔋" flashes.When the green light "🔋" is always on, the charging is completed. (Note: 5VDC standard USB power supply must be used for charging.)

Reminder
Before use, wet the neck with a wet towel , ensure the product is close to the skin, so as not to cause tingling: the electric pulse should be weak first and then strong, so that the neck could have a time to adapt massage and then gradually adjust the intensity to suit yourself better.
Everyone has different sensitivity to electric pulse. If you feel uncomfortable, you could choose other functions to massage .)

Step 5 Adjustment of heating mode
Press the "🌡" key on the right side to switch the heating mode, i.e. "close heat", "low heat" and "high heat". The default mode for starting up is "close heat". It is recommended to use "low heat" in summer and "high heat" in winter.

Step 6 Adjustment of pulse function
Press the "▭" key in the middle of the left side to switch four massage modes
Mode 1: Automatic combination mode, cyclic scraping, pressing, rolling mode, automatic switching every 1 minute;
Mode 2: Scraping mode;
Mode 3: Pressing smode;
Mode 4: Rolling mode.
Press the "+" button on the upper right side to strengthen the force, and press the "button on the lower right side" to reduce the force. The power on is "1 " mode intensity by default. It is recommended to use it from 1 to 3-5 for the first time.

Step 7 Power off
This product is automatically timed for 15 minutes, and then it will automatically power off.
If you want to power off in use, you can long press the "⏻/🔒" key on the right for 2 seconds to power off.

Electrode use and others

1. How to use the electrode piece
❊ Connect the physiotherapy line to the socket of the physiotherapy line, and connect the other end with two electrode pads, and stick the electrode pad to the part that needs massage.
❊ Note: Two electrode pads must be attached to a person at the same time to massage.
❊ Note: When the external electrode is used, the massage head of the instrument does not work.
❊ Attachment: The massage electrode patch is a consumable item. Please purchase and replace it in time for long-term frequent use.
1. In the process of massage, there are tingling sensation and discharge inductance in the neck
Due to different personal constitutions, people with dry constitutions have dry skin and low resistance.
Suggestion: Use clean water or moisturizing cream to wipe the neck skin or apply to the massage head.
❊ The massage head or posture is blocked by hair or clothing.
Suggestion: The machine is close to the neck skin, adjust the posture to ensure the correct position.
❊ The product is powered by 4.2V lithium battery and the voltage is only 4.2V. Please use it with safety.
Suggestion: Change the massage method, the intensity gradually increases from weak to comfortable intensity.
(Note: Pulse massage requires skin conduction for deep massage of muscle points to stimulate blood circulation and stimulate neck muscles to restore elasticity. A slight current sense is not a leakage.
2. After the massage, appear the red mark
❊ pulse wave will prick the cervical muscle group and accelerate the blood flow of meridians. Due to the high activity of skin tissue in some people, local congestion will occur.
(Suggestion: warm the towel for 3 minutes or press the hot hand for 3 minutes.)
If the effect is not significant, wait for 30 minutes, and the congestion will also disappear.
3. The product will automatically shut down after 15 minutes of operation. It is recommended to use 2 times every day.
The product shall be stored in a ventilated and dry place after use.

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Schematic diagram of sticking position of electrode piece

Troubleshooting

● If you encounter problems when using the intelligent cervical massage, please refer to the following tips and solutions.
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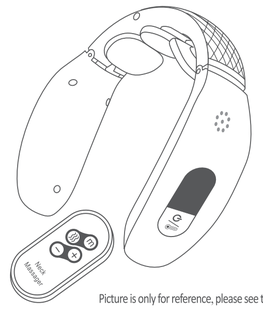
Condition	Reason/ Solution
Unable to start	z the internal battery is low power. z whether the key "on" has been pressed.
Unable to charge or no charge light show	z Please check whether the USB cable with the host and mobile phone power adapter are connected.
Show normal but no sensation	z Does the massager directly contact the skin? Adjust the position so that it is close to the skin. ● Is there any hair, clothing, accessories, etc. between the electrode pad and the skin? Remove those items.
Tingling sensation	Are the massager electrode pads with neck skin tightly? Adjust the position to make it close to the skin. ● Is the massage time too long? It is recommended to press once every 15 minutes, 2 times one day. ● Is the massage intensity too strong? Adjust to small force. ● Is the skin allergic to the electrode pads? Severe allergies need to be desensitized. ● Cold climate and dry skin, Wipe the skin and electrode surface with a wet towel. ● Is there any wound on the skin surface? Do not put the electrode pad on the wound for massage.
Stimulation is weak	z Are the massager electrode pads with neck skin tightly? Need to adjust the position so that it is close to the skin and adjust the appropriate strength. ● Is there dirt or oil on the electrode? Clean electrode surface ●Is the battery low power? If the power is insufficient, please charge it.

Intelligent Cervical Massage Instrument

Model: XFY-989

Operation manual



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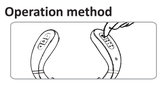
Operation method



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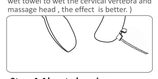

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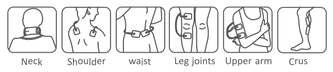
Schematic diagram of sticking position of electrode piece



Troubleshooting

● If you encounter problems when using the intelligent cervical massage, please refer to the following tips and solutions.
If the smart cervical massage is still in failure , please turn off the power, and turn on again.
● Users are not allowed to disassemble or repair the massager by themselves.
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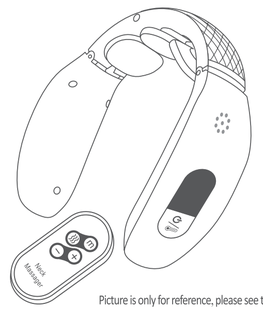
Intelligent Cervical Massage Instrument

Model: XFY-989

Operation manual



Picture is only for reference, please see the real object

Thank you for using our company's intelligent cervical massager.
Before use it, please read this manual in detail, and correctly grasp the use method of this intelligent cervical vertebra massager, so as to make full use of its excellent performance.
I believe it will bring convenience and comfort to you and your family.

This is a household product and not allowed to be used for commercial purposes.

Caution:
● please do not use it in the environment with excessive humidity or dense dust to avoid failure;
● please do not put it near the electric heater, stove or direct sunlight, damp water;
● the battery must be taken out from the appliance when discard it.
● when taking out the battery, The appliance must be powered off;
● the Battery should be disposed safely. Put it into the red garbage can, do not throw it around, so as to avoid environmental pollution.
● If you want to move the electrode or put to other person's body, please be sure to cut off the power ,otherwise you may receive strong electric shock.
● Do not use when driving the car, otherwise it may cause physical discomfort even accidents due to excessive stimulation.
● During massage, please do not let the metal part of the belt, necklace and other items contact the electrode piece , otherwise it may receive strong electric shock.
● The electrode piece has the function of surface heating. Users who are not sensitive to heat or are prone to heat allergy should consult doctor before use.
● Stop using if you feel uncomfortable during or after use, and consult the doctor.
● When using the product, the electrode should be tightly attached to the skin and contacted evenly.
● The product is recommended for only one user. Please clean the electrode if you still want to share to other person.

Precautions for use of electrode during massage

It is forbidden to use in the following situations

1.Patients with malignant tumors
2.Patients with bleeding tendency
3.Pregnant women and parturients
4.Patients with acute suppurative inflammation
5.Users of pacemaker
6.Patients with metal implants
7.Near the human heart

● Do not use near the heart, top of the neck, head, mouth, genitals, or skin disorders, and cannot treat the ear at the same time. In addition, do not press on the internal organs during use. Otherwise, an accident or physical discomfort may occur.
● Do not use with other medical devices or use more than 2 sets of this product at the same time, otherwise it may cause nausea or physical discomfort.
● Do not use for massage purposes other than those described in the instruction manual, otherwise an accident may occur and malfunction.

Danger
● please do not use with the following medical electronic devices
1. Implantable medical electronic devices such as heart pacemaker
2. Life sustaining medical electronic devices such as artificial heart and lung
3. Medical electronic devices such as electrocardiograph, etc.
●It will cause the misoperation of these medical electronic devices when using together, which may endanger life.
If the patient uses the high-frequency surgical equipment at the same time, the electrode part of the product may be burned or damaged.
If this product is used near short wave or microwave therapy equipment, the output of the product may be unstable.
The electrode should avoid contact with wound and scar.
When using the product, the electrode should not be placed near the heart of the chest, otherwise it will increase the risk of heart fibrosis.
Please consult the doctor before using the following situations. Otherwise, accidents or physical discomfort may occur.
1. Patients who are being treated by doctors and feel abnormal.
2. Patients whose body temperature is over 38 ℃.
3. Patients with infectious diseases.
4. Patients with abnormal blood pressure.
5. Patients with perception disorder or skin abnormality.
6. Patients with abnormal heart, brain and nerve.
7. Patients who are unable to express their wishes freely.
8. Patients with high peripheral circulatory disturbance caused by diabetes mellitus.
9. Patients whose skin is allergic to stainless steel electrode.

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Prepare before use

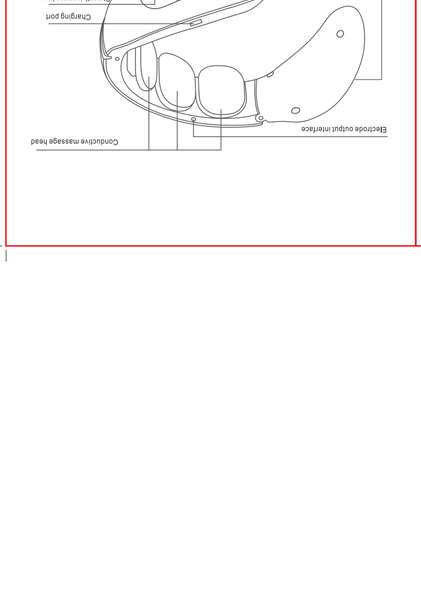
1. Tidy up the hair and clothes on the neck , otherwise it will affect the comfort of the product.
2. When massaging other parts of the body with electrode pieces, please paste two electrode pieces directly on the skin at the same time.
When need to adjust the massage part and electrode piece position, please turn off the instrument, then start to operate again after the adjustment.

Product description

The wireless intelligent cervical vertebra massager is designed with a streamline ring that conforms to the physiological curvature of the human cervical vertebra.
It can effectively massage the neck and shoulder part, deal with the neck acid, numbness, swelling and rigidity, and promote the muscle relaxation of the neck, shoulder and other parts.
In the whole process, always keep the correct physiological posture!
The size can be bent and adjusted; wear more fit, massage more comfortable.
Wider neck circumference adjustment angle, family use, fat and thin people fit.
Increase the output of shoulder massage, extend the massage part, and massage the arm, waist, call and other parts with electrode piece. It's light, small and portable.
You can enjoy the massage experience anytime, anywhere.
It's available for travel and home. For neck relaxing massage care, one machine is multi-purpose. According to the physiological curve and elastic bending design of the neck, the massage has high comfort and wide applicability, it can massage every day and protect the neck every moment.

Product features and functional characteristics

1. According to the ergonomic design, beautiful and scientific, in line with the curve of the neck; 2. Using 3D intelligent fitting technology, according to the curve of the neck, automatically adjust the massage head, you can also choose to use external electrode pieces to massage other parts; deep level care of the cervical spine, release local muscles, to achieve the purpose of eliminating fatigue.
3. Massage the acupoints of human body with external electrodes;



Input power : 4.2V (lithium battery)
Rated power: 4W
Timing : 15 minutes

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1000张 | 8.23 木子